◍ Data Detox Workshops Week: Updated Summer 2021

Please note there are two more workshops being designed at the moment.

Facilitation Tips & Tricks: In this first workshop, you will be introduced to the Data Detox Kit. We will explore the audience, tone, and framing of the Data Detox Kit workshops and materials, and share tips on how to lead a successful and inclusive online workshop.

Your Data Detox Starts Here: This workshop gives participants the chance to explore the reasons why online privacy is important to them. Through discussions and hands-on application, participants are introduced to the data collection industry and explore the effects on individuals and societies.

Settings and Habits for Your Online Life

Demystifying Your Data: This workshop defines and explores various types of "data" which are commonly shared and collected online. Including group activities which encourage participants to talk openly about data concerns, investigate browser history, and deny unnecessary app permissions on their smartphones.

Smart Phones, Smart Habits: This workshop is focused around habits, how they are formed and the correlations between forming a good habit like drinking more water or doing more exercise and learning to set boundaries with our phones. We will dive deep into the many ways our phones have been designed to grab our attention and we look at a few ways we can outsmart our smart phones

Combatting Misinformation: Facts vs. Feelings

Information… it's Complicated: This workshop defines what is meant by 'misinformation' and 'disinformation' and explores how the world of information is slippery and complicated. Participants learn fundamental investigation skills to help them to verify information and become more information savvy

Keep Calm and Spot the Design Tricks: This workshop explores the world of persuasive design and design tricks, which are design decisions on websites, apps, and in advertisements that provoke us emotionally and persuade us to click, share, and buy. By becoming aware of our physical and emotional responses to stressful stimuli and the persuasive designs of tech which are rooted in basic psychology, this workshops helps participants keep calm and spot the design tricks.

Algorithms and Apps

Living with Algorithms: This workshop defines what algorithms are and how they relate to the broader fields of artificial intelligence and machine learning.

Through hands-on activities and discussions, participants gain insights into how algorithms can reflect existing biases in society, and how they can create new ones. The closing section suggests ways that we can live alongside algorithms by understanding and challenging them.

Declutter Your Phone with an App Cleanse: This workshop opens with participants reflecting on realistic expectations for the technology they use. Through storytelling, hands-on research, and group work, participants learn which critical questions to ask of tools they use and why those questions matter. Participants are then introduced to Alternative Apps (privacy-conscious apps) and are encouraged to try them out